CHECKLIST

Feng Shui Quick-Start Checklist

Simple first steps to let the Chi flow

- [ ] **Clear the entrance**
  Your front door is where energy enters. Keep it clean, bright and free of clutter.
- [ ] **Declutter one area each day**
  Stagnant objects hold stagnant energy. Release what no longer serves you.
- [ ] **Let in natural light**
  Open curtains and windows daily to refresh the Chi in your space.
- [ ] **Bring in living plants**
  Healthy plants add vibrant wood energy and growth.
- [ ] **Fix what is broken**
  Repair leaking taps, squeaky doors and broken items — they drain energy.
- [ ] **Balance the elements**
  Use natural textures and colours: wood, fire, earth, metal and water.
- [ ] **Create a calm bedroom**
  Keep work and screens out; choose soft, soothing colours.
- [ ] **Set an intention for your space**
  Decide how you want to feel at home — and let every choice support it.

Ready to go deeper?

Book a personalised Feng Shui consultation with Dr. Manju — including a Bagua energy map of your home or office.